



# Gastroenterology Associates of West Florida

## Digestive Diseases and Nutrition

7515 SR 52, Suite 105  
Hudson, Florida 34667-6757

Primary Mailing Address:  
5622 Marine Parkway, Suite 14  
New Port Richey, FL 34652-4330

*Diplomates American Board of Gastroenterology  
Diplomates American Board of Internal Medicine*

**(727) 846-7031**

**Fax (727) 846-7132**

**Curtis Freedland, D.O.**  
*Gastroenterology & Nutrition*

**Joseph Staffetti, M.D.**  
*Gastroenterology*

**Dilip Ghanekar, M.D.**  
*Gastroenterology*

**Patient Name:** \_\_\_\_\_

### Today you had:

\_\_\_ **EGD** (Esophagogastroduodenoscopy, or upper endoscopy)

The findings were:

- 1) \_\_\_ Normal
- 2) \_\_\_ Esophagitis: inflamed esophagus
- 3) \_\_\_ Barrett's esophagus: change in the lining of the esophagus (pending biopsy confirmation)
- 4) \_\_\_ Esophageal stricture or narrowing. \_\_\_ This was stretched
- 5) \_\_\_ Hiatal hernia
- 6) \_\_\_ Gastritis: inflamed stomach
- 7) \_\_\_ Duodenitis: inflamed duodenum
- 8) \_\_\_ Stomach ulcer                    \_\_\_ Duodenal ulcer
- 9) \_\_\_ Other \_\_\_\_\_
- 10) \_\_\_ Biopsies were performed; results are pending.

### \_\_\_ **Colonoscopy**

The findings were:

- 1) \_\_\_ Normal
- 2) \_\_\_ Polyp(s)- growth(s) in the colon were removed
- 3) \_\_\_ Diverticulosis: outpouchings in the wall of the colon
- 4) \_\_\_ Hemorrhoids: distended veins near the anus
- 5) \_\_\_ Colitis: inflamed colon
- 6) \_\_\_ Ileitis: inflamed small bowel
- 7) \_\_\_ Other \_\_\_\_\_
- 8) \_\_\_ Biopsies were performed; results are pending.

### **My recommendations are:**

- 1) \_\_\_ Please follow all instructions regarding diet and activity
- 2) \_\_\_ Call my office to set up an appointment in \_\_\_ week(s)
- 3) \_\_\_ Call my office in \_\_\_ weeks, and speak to my nurse regarding biopsy results
- 4) \_\_\_ Increase fiber intake (high-fiber cereals, fruits and vegetables, beans)
- 5) \_\_\_ Stop medication(s) \_\_\_\_\_
- 6) \_\_\_ Start medication(s) \_\_\_\_\_
- 7) \_\_\_ Other tests to be arranged \_\_\_\_\_
- 8) \_\_\_ Repeat \_\_\_ EGD in \_\_\_ year(s).    \_\_\_ Colonoscopy in \_\_\_ year(s).